3rd ANNUAL CONFERENCE
New England Holistic Nursing

Transforming and Reforming Evidence-Based Nursing Holistically

Wednesday–Friday, September 25-27, 2013
The Colony Hotel, Kennebunkport, Maine

PRESENTED BY:

SAINT ANSELM COLLEGE
CONTINUING NURSING EDUCATION
Committed to Advancing the Practice of Nursing

AND

AMERICAN Holistic Nurses ASSOCIATION
3rd ANNUAL CONFERENCE
New England Holistic Nursing

Transforming and Reforming Evidence-Based Nursing Holistically
WWW.ANSELM.EDU/CNE

FEATURED SPEAKERS
KEYNOTE SPEAKER
ROTHLYN (RORRY) ZAHOUREK, PHD, PMHCNS-BC, AHN-BC, Researcher: Intentionality: The Matrix of Healing; Adjunct Faculty, University of Massachusetts School of Nursing, Amherst, MA; Retired Clinical Nurse Specialist Psychotherapy Practice

PLENARY SPEAKER
GLENDA CHRISTIAENS, PHD, RN, AHN-BC, Immediate Past-President, American Holistic Nurses Association, West Jordan, UT

ENDNOTE SPEAKER
SHARON MURNANE, RN, HNB-BC, HTCP, Specialized Senior Care Management, Inner Wisdom Healing/HealthyByChoice, San Diego, CA

DISTINGUISHED FACULTY
ANGELLA BASCOM, MSN, ARNP, Center Harbor, NH.
ANN FOURNIER, PHD(C), MS, MSN, RN, ACNP-BC, AHN-BC, CNE, Instructor, Saint Anselm College, Manchester, NH
ALICE KINSLER, MA, A.T.R., Manager, Therapeutic Arts and Activity Services, Concord Hospital, Concord, NH
GALE LYMAN, BSN, RN, HN-BC, CCM, President, The Lyman Center, Amesbury, MA
SANDRA MCBOURNIE, MED, BS, RN, Nursing Program Faculty, Plymouth State University, Plymouth, NH
JULIE PELLETIER-RUTKOWSKI, MS, RN, Owner and Principal Consultant, Feng Shui Services of New England, Gilford, NH
PAUL RAIA, PHD, Vice President, Professional Clinical Services, Alzheimer's Association MA/NH Chapter, Watertown, MA

PLANNING COMMITTEE
AMY GUTHRIE, MS, RN, Saint Anselm College, Manchester, NH
ANN FOURNIER, PHD(C), MS, MSN, RN, ACNP-BC, AHN-BC, CNE, Instructor, Saint Anselm College, Manchester, NH
MAUREEN GAYNOR, MSN, APRN, AHN-BC, PMHCNS-BC, Assistant Professor, Nursing, Franklin Pierce University, Concord, NH
GALE LYMAN, BSN, RN, HN-BC, CCM, The Lyman Center, Amesbury, MA
SANDRA MCBOURNIE, MED, BS, RN, Nursing Program Faculty Plymouth State University, Plymouth, NH

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CONFEERENCE AGENDA

WEDNESDAY, SEPTEMBER 25, 2013

6:00–7:30 PM   Early Registration
7:30–8:30 PM   SHARING CIRCLE (optional)

The purpose of activity is to deepen participant understanding of sacred circle as a forum of connection and respectful dialogue.

THURSDAY, SEPTEMBER 26, 2013 — CONFERENCE DAY 1

7:45–8:15 AM   Registration and Coffee
8:15–8:25 AM   WELCOME AND OPENING REMARKS
8:25–8:30 AM   OPENING RITUAL: A Call to Presence ................................................................. Gale Lyman, BSN, RN, HN-BC, CCM
8:30–10:00 AM  KEYNOTE: The Heart of Nursing: Holistic Integrated Framework ............................ Rothlyn (Rorry) Zahourek, PhD, PMHCNS-BC, AHN-BC

Holistic Nursing is not a specific modality but a theoretical-philosophical stance that influences everything one does as a nurse. Participants will be encouraged to think out of the box about ‘holism’ by considering what is avoided in discussions of holism and such questions as: Who am I? Where am I? Where have I been? Where am I going?

10:00–10:15 AM  SELF CARE NOURISHMENT FOR BODY—MIND—SPIRIT ........................................... Ann Fournier, PhD(c), MS, MSN, RN, ACNP-BC, AHN-BC, CNE
10:15–10:35 AM  Room Change Break
10:35 AM—12:05 PM  Choose either A or B
SESSION A: Lighting the Way: Rediscovering Holistic Leadership .......................................................... Ann Fournier, PhD (c), MS, MSN, RN, ACNP-BC
SESSION B: Zen Nurse, Zen Patient: Using Feng Shui to Create the Right Environment .......................... Julie Pelletier-Rutkowski, MS, RN
12:05–1:20 PM  Lunch (included in conference fee)
1:20–2:50 PM   Choose either C or D
SESSION C: Infusing Holistic Nursing into Non-CAM Modalities .......................................................... Rothlyn (Rorry) Zahourek, PhD, PMHCNS-BC, AHN-BC
SESSION D: The Mandala Process- Transitions: Letting Go from the Deep Well of Gratitude .................. Sharon Murnane, RN, HNB-BC, HTCP
2:50–3:05 PM  Room Change Break
3:05–4:35 PM   Choose either E or F
SESSION E: Creating Powerful Affirmations to Cope with Chronic Health Concerns .......................... Gale Lyman, BSN, RN, HN-BC, CCM
SESSION F: Let Food Be Thy Medicine ................................................................................................. Angella Bascom, MSN, ARNP
4:30–4:50 PM   Wine and Cheese Networking Reception

FRIDAY, SEPTEMBER 27, 2013 — CONFERENCE DAY 2

6:00–7:00 AM  Yoga (optional)
7:30–8:00 AM  Registration and Coffee
8:00–9:30 AM  PLENARY: Co-creating the Future of Nursing Holistically ....................................................... Glenda Christiaens, PhD, RN, AHN-BC

Using the nursing process, we have assessed the current state of health care and nursing, made our nursing diagnoses, and created plans for change. It is now time to implement strategies to co-create the transformation of nursing into holism. Holistic nurses are called to DO and BE what we KNOW. With courage and confidence, we can implement simple strategies every day to make a difference in the world.

9:30–9:45 AM  SELF CARE NOURISHMENT FOR BODY—MIND—SPIRIT ..................................................... Sandra McBournie, MEd, BS, RN
9:45–10:15 AM  Room Change Break/ Exhibits
10:15–11:45 AM  Choose either G or H
SESSION G: Habilitation Therapy: Changing the Focus of Dementia Care ............................................. Paul Raia, PhD
SESSION H: Diversion, Delight, and Dignity: Using the Arts and Activities
to Create a Healing Environment in the Hospital Setting ........................................................................... Alice Kinsler, MA, A.T.R.
11:45 AM–1:00 PM  Lunch (included in conference fee)
1:00–2:30 PM  ENDNOTE: Courage for Change, Collective Wisdom Inspiring Transformational Leadership .................................................. Sharon Murnane, RN, HNB-BC, HTCP
2:30–2:35 PM  CLOSING RITUAL: Holding the Light ...................................................................................... Sharon Murnane, RN, HNB-BC, HTCP
2:35–2:45 PM  Evaluations and Departures
NEW ENGLAND HOLISTIC NURSING GENERAL INFORMATION

LOCATION: The Colony Hotel, Kennebunkport, Maine. This 1914 Grand Oceanfront hotel is included in the national Trust's Historic Hotels of America. Spectacularly situated on the rock promontory overlooking the Atlantic Ocean adnthe mouth of the Kennebunk River, it has a heated salt-water swimming pool, private, safe, surf beach, and gorgeous organic gardens. It's located within walking distance (1 mile) of the charming village of Kennebunkport.

HOTEL INFORMATION: A block of overnight rooms have been reserved at the special conference rate of $109 garden side and $149 ocean side per night plus tax; includes full breakfast. Make reservations directly with the hotel – ask for the Saint Anselm College block. Overnight room reservation deadline: Rooms will be held until August 11, 2013. Thereafter, rooms and group rate may no longer be available. For additional information and directions, please call The Colony Hotel at 800-552-2363 or visit their website: www.thecolonyhotel.com.

GROUP DISCOUNT: If five or more people from the same agency register at the same time for the same conference, you may deduct 20%. Mailed registrations must arrive in the same envelope. Faxed registrations must arrive together. Not combinable with Early Registration Discount.

EARLY REGISTRATION DISCOUNT: In order to receive Early Registration Discount, payment in the form of a check, Visa or MasterCard must accompany registration form and be in our office by August 22, 2013. All payments must be received by the start of the conference or a personal check/cash/credit card will be necessary to attend. Not combinable with Group Discount.

CANCELLATION/REFUND POLICY: Registrants who are not able to attend or send a substitute can obtain a refund of registration fees, minus a $60 processing fee. A written request must be received by September 5, 2013. REFUNDS WILL NOT BE ISSUED AFTER THIS DATE – NO EXCEPTIONS.

CONFIRMATIONS: your confirmation will be emailed to you. Since some concurrent sessions will be limited in size, early registration is advised.

CONFERENCE HANOUTS: A link will be emailed to all participants 10 days prior to the start of the conference.

CONCURRENT SESSION DESCRIPTIONS: Visit www.anselm.edu/cne for session descriptions and objectives.

TAPING is not allowed.

CONTACT HOURS: this conference carries a maximum of 12.25 contact hours for this conference.

MORE INFORMATION/SPECIAL NEEDS: Please call 603-641-7086. You may also visit www.anselm.edu/cne.

TARGET AUDIENCE: This conference is ideal for nurses and healthcare providers interested in exploring practical applications to integrate holism and conventional care.

NEW ENGLAND HOLISTIC NURSING REGISTRATION

Name (please print clearly or type)______________________________________________________________
Home Address___________________________________________________________________________
City________________State_______Zip (Essential)________________________
Credentials______________________________________________________________Phone (_______)
Email (REQUIRED)______________________________________________________________
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Employing Agency______________________________________________________________
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CONCURRENT SESSION SELECTIONS (REQUIRED)

Assignments will be made on a FIRST COME, FIRST SERVE basis.

Date Session 1st Choice 2nd Choice
Thursday, September 26
Morning choice A or B
Afternoon choice 1 C or D
Afternoon choice 2 E or F
Friday, September 27
Morning choice G or H

Will you attend Wednesday's SHARING CIRCLE? Yes No

REGISTRATION FEES

NOTE: Conference fee includes continental breakfast, lunch, and breaks.

DAY: 
EARLY: by Aug. 22
REGULAR: after Aug. 22
1-day Registration (circle) THU FRI $195 THU FRI $215
2-day Registration $375 $420
Companion Lunch ticket for Thursday, 9/26 $25
Companion Lunch ticket for Friday, 9/27 $25

Total of above selections: $__________________________

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Saint Anselm College is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.