**Issues and Trends in Geriatric Health**

- Habilitation: Connecting with the Person with Alzheimer’s
- Is 65 the New 45? Health and Aging for Everyone

**Tuesday, February 22, 2011**

*8:30 am – 3:00 pm*

Gadbois Hall, Saint Anselm College

Contact Hours: 5    Fee: $99

**Faculty:** Jo Ann Jordan, MEd, RN

The morning workshop will explore Habilitation, a more effective approach to caring for a person with a progressive dementia that focuses on validating the person’s underlying emotions, maintaining dignity, creating moments for success and where both the person with dementia and the caregiver can feel successful at what they do. The afternoon session will explore the current research on healthy aging: why is 65 the new 45? What are people doing differently or should they be doing differently to maintain “youthfulness” in an age that was once considered old?