

10th ANNUAL CONFERENCE

*New England  
Holistic Nursing*



# Holism In Action

**Live Virtual Webinar  
September 24, 2021**

PRESENTED BY:



**SAINT ANSELM  
COLLEGE**

**CONTINUING NURSING EDUCATION**  
Committed to Advancing the Practice of Nursing



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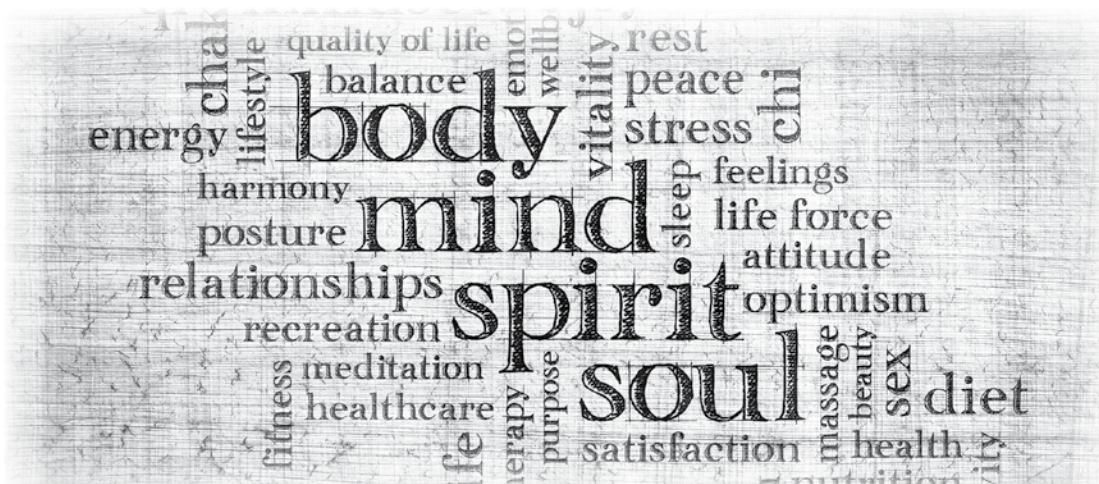
September 24, 2021

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### CONFERENCE AGENDA

#### FRIDAY, SEPTEMBER 24, 2021

- 8:25–8:30 AM **Opening Ritual: A Call to Presence**
- 8:30–10:00 AM **Keynote: Resilience during Challenging Times** ..... Joan Vitello  
This presentation will explore various facets of resilience and the strategies one can use to increase one's resilience.
- 10:00–10:15 AM **Self-care break**
- 10:15–11:30 AM **Innovations in Holistic Practice** ..... Catherine Calder Calisi, Karen Kallie, and Jane Murphy  
This session will discuss innovative holistic strategies used in diverse healthcare settings.
- 11:30 AM–NOON **Lunch break**
- NOON–1:00PM **A Vision for the Future of Families** ..... Andrea Paquette  
This presentation will discuss the effects of stress on American families and explore holistic solutions such as lifestyle strategies, communication skills, mind/body therapies and empowerment of mothers.
- 1:05–2:05 PM **Opening to Grief: Finding Our Way from Loss to Peace** ..... Claire Willis  
Grief often comes in forms that we scarcely recognize. This presentation will explore the various ways grief comes to us, different kinds of grief, especially less visible expressions of grief and resources that help us be with our grief. We will consider grief as a form of love and what an important companion it can become as a source of healing.
- 2:10–3:25 PM **Celebrating Caring Moments in Nursing: Stirring Heart, Kindling Hope** ..... A. Lynne Wagner  
Caring moments foster healing spirit-to-spirit connectedness with self, colleagues and vulnerable people in our care. These moments help us flourish in caring work of shared humanity. This presentation explores Caring Science, caring moment stories, aesthetic expressions, and experiential activities that exemplify the heart of compassionate nursing.
- 3:25–3:30 PM **Closing Ritual: A Call to Reflection and Connect**



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# 2021 NEW ENGLAND HOLISTIC NURSING GENERAL INFORMATION

**CANCELLATION/REFUND POLICY:** Registrants who are not able to attend or send a substitute can obtain a refund of registration fees, minus a \$60 processing fee. A written request must be received by September 4, 2021. REFUNDS WILL NOT BE ISSUED AFTER THIS DATE – NO EXCEPTIONS.

**CONFIRMATIONS:** Your confirmation will be emailed to you.

**CONFERENCE HANDOUTS:** A link will be emailed to all participants prior to the start of the conference.

**TAPING** is not allowed.

**CONTACT HOURS:** This conference provides 6.25 contact hours.

**MORE INFORMATION/SPECIAL NEEDS:** Please call 603-641-7086. You may also visit [www.anselm.edu/cne](http://www.anselm.edu/cne).

**TARGET AUDIENCE:** This conference is ideal for nurses and healthcare providers interested in exploring practical applications to integrate holism and conventional care.

Saint Anselm College is approved as a provider of nursing continuing professional development by the Northeast Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

## CONFERENCE REGISTRATION FORM

**MAIL:** Saint Anselm College, Continuing Ed #1745  
100 Saint Anselm Drive  
Manchester, NH 03102-1310

**PHONE:** 603-641-7086,  
credit card required

**FAX:** 603-641-7089  
credit card required

**ONLINE:** [www.anselm.edu/cne](http://www.anselm.edu/cne)  
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### 2021 NEW ENGLAND HOLISTIC NURSING REGISTRATION

Name (please print clearly or type) \_\_\_\_\_

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Email (REQUIRED) \_\_\_\_\_

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### REGISTRATION FEE

Conference Fee \_\_\_\_\_ \$130

Join us  
for our new  
virtual format!

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