Holism In Action

Live Virtual Webinar
September 24, 2021

PRESENTED BY:

SAINT ANSELM COLLEGE
CONTINUING NURSING EDUCATION
Committed to Advancing the Practice of Nursing

10th ANNUAL CONFERENCE
New England Holistic Nursing

SAINT ANSELM COLLEGE
CONTINUING NURSING EDUCATION
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Change Service Requested
10th ANNUAL CONFERENCE
New England Holistic Nursing

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# Conference Agenda

**Friday, September 24, 2021**

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<th>Time</th>
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<tr>
<td>8:25–8:30 AM</td>
<td>Opening Ritual: A Call to Presence</td>
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| 8:30–10:00 AM | **Keynote:** Resilience during Challenging Times ................................................................. Joan Vitello  
This presentation will explore various facets of resilience and the strategies one can use to increase one's resilience.  |
| 10:00–10:15 AM| Self-care break                                                                              |
| 10:15–11:30 AM| **Innovations in Holistic Practice** ...................................................................................... Catherine Calder Calisi, Karen Kallie, and Jane Murphy  
This session will discuss innovative holistic strategies used in diverse healthcare settings. |
| 11:30 AM—Noon | Lunch break                                                                                  |
| Noon–1:00 PM | **A Vision for the Future of Families** .................................................................................. Andrea Paquette  
This presentation will discuss the effects of stress on American families and explore holistic solutions such as lifestyle strategies, communication skills, mind/body therapies and empowerment of mothers. |
| 1:05–2:05 PM | **Opening to Grief:** Finding Our Way from Loss to Peace ...................................................... Claire Willis  
Grief often comes in forms that we scarcely recognize. This presentation will explore the various ways grief comes to us, different kinds of grief, especially less visible expressions of grief and resources that help us be with our grief. We will consider grief as a form of love and what an important companion it can become as a source of healing. |
| 2:10–3:25 PM | **Celebrating Caring Moments in Nursing: Stirring Heart, Kindling Hope** ............................ A. Lynne Wagner  
Caring moments foster healing spirit-to-spirit connectedness with self, colleagues and vulnerable people in our care. These moments help us flourish in caring work of shared humanity. This presentation explores Caring Science, caring moment stories, aesthetic expressions, and experiential activities that exemplify the heart of compassionate nursing. |
| 3:25–3:30 PM | **Closing Ritual:** A Call to Reflection and Connect                                            |
Saint Anselm College is approved as a provider of nursing continuing professional development by the Northeast Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.