

11th ANNUAL CONFERENCE

New England Holistic Nursing



Phoenix Rising: Creative Renewal of Healing Environments

**Live Virtual Webinar
September 23, 2022**

PRESENTED BY:



**SAINT ANSELM
COLLEGE**

CONTINUING NURSING EDUCATION
Committed to Advancing the Practice of Nursing



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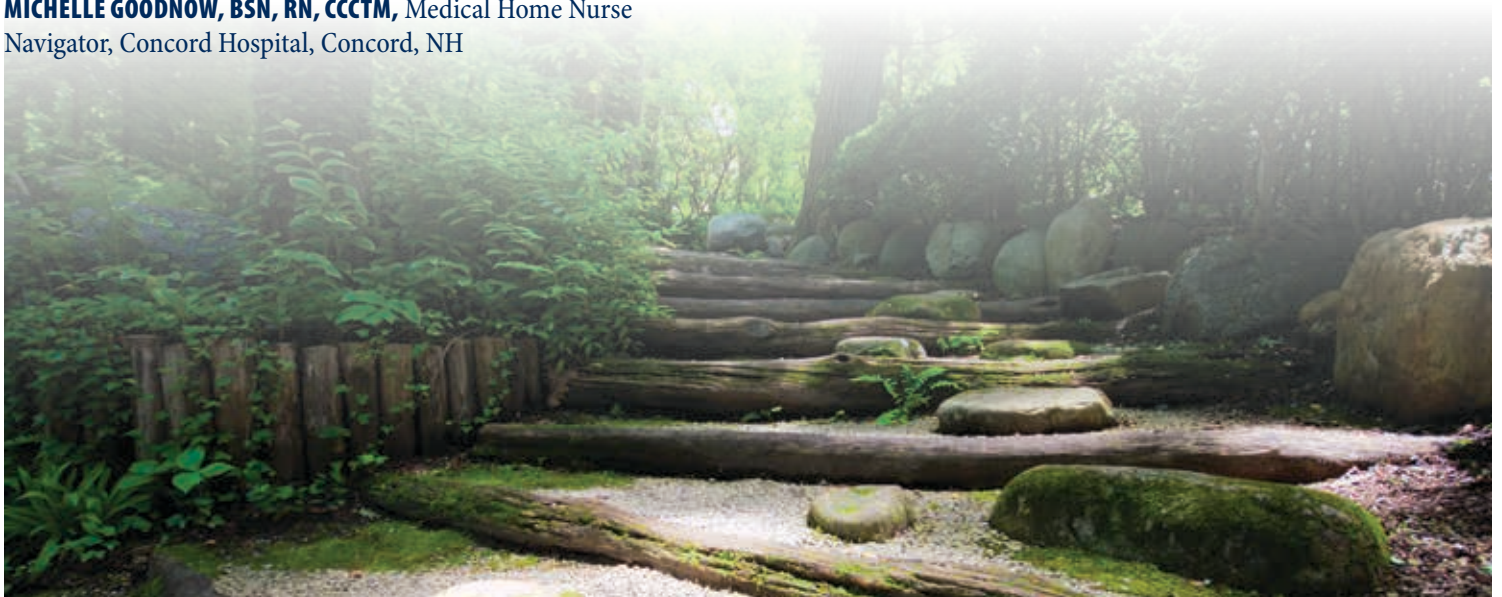
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CONFERENCE AGENDA

FRIDAY, SEPTEMBER 23, 2022

- 8:25–8:30 AM **Opening Ritual: A Call to Presence**
- 8:30–9:30 AM **The Way: Wandering, Wondering, and Walking** Ann Fournier
We begin our conference with a session designed to encourage and inspire, the session aims to wonder about the interconnectedness of mind, body, spirit through the story of a journey prompting participants to wonder about their inner compass as a source of healing.
- 9:30–9:45 AM **Self-care break**
- 9:45–11:15 AM **Finding Hope and Healing for Nurses** Mary Behnke
The complex relationship between stress, mental health, and addiction and what resources are available, what political/policy advocacy is needed to affect change.
- 11:15 AM–12 **Lunch break**
- 12–1:00 PM **Storytelling Through Music: A Renewal of Our Health Spirits by Transforming Our Stories into Song** Carolyn Phillips
This series will describe the balance and benefits to staying connected to our emotions while caregiving; and the impact of adding music to storytelling to address psychosocial stress.
- 1:00–1:05 PM **Self-care break**
- 1:05–2:20 PM **Awakening Transformational Leadership to Extend Holistic Influence** Kimberly J. Harper
All nurses are leaders, even if they don't know it yet! In this session we will explore how community and board service helps nurses become more holistic and well-rounded leaders.
- 2:20–2:30 PM **Self-care break**
- 2:30–3:30 PM **Journey of Healing: Using the Creative Arts to Heal the Inner Self** Mary Rockwood Lane
In a time when so many nurses are feeling compassion fatigue, Mary shows us how we can apply the process of creative arts to promote self-growth, self-care and personal transformation. The journey of creative expression can be the path to healing yourself and others.
- 3:30–3:45 PM **Closing Ritual: A Call to Reflection and Connect**



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2022 NEW ENGLAND HOLISTIC NURSING GENERAL INFORMATION

CANCELLATION/REFUND POLICY: Registrants who are not able to attend or send a substitute can obtain a refund in the form of a voucher for a future conference. A request must be made by September 9, 2022

CONFIRMATIONS: Your confirmation will be emailed to you.

CONFERENCE HANDOUTS: A link will be emailed to all participants prior to the start of the conference.

TAPING is not allowed.

CONTACT HOURS: This conference provides 6.0 contact hours.

MORE INFORMATION/SPECIAL NEEDS: Please call 603-641-7086. You may also visit www.anselm.edu/cne.

TARGET AUDIENCE: This conference is ideal for nurses and healthcare providers interested in exploring practical applications to integrate holism and conventional care.

Saint Anselm College is approved as a provider of nursing continuing professional development by the Northeast Multistate Division Education Unit, an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

CONFERENCE REGISTRATION FORM

MAIL: Saint Anselm College, Continuing Ed #1745
100 Saint Anselm Drive
Manchester, NH 03102-1310

PHONE: 603-641-7086,
credit card required

FAX: 603-641-7089
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ONLINE: www.anselm.edu/cne
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2022 NEW ENGLAND HOLISTIC NURSING REGISTRATION

Name (please print clearly or type) _____

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Email (REQUIRED) _____

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REGISTRATION FEE

Conference Fee _____ \$130

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