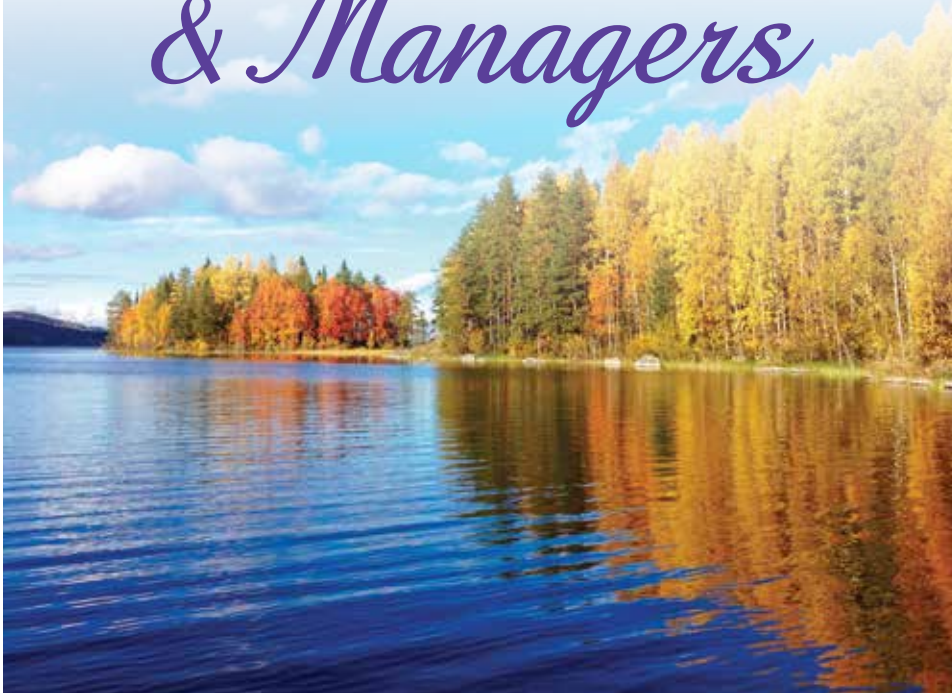


26th ANNUAL CONFERENCE

*Nurse Leaders  
& Managers*



**Rejuvenating  
with Heart:**

**Inspiring Staff during  
Challenging Times**

**Live Virtual Webinar  
Friday, October 21, 2022  
8:00 am - 3:45 pm**

PROVIDED BY:



**SAINT ANSELM  
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Committed to Advancing the Practice of Nursing



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# Nurse Leaders & Managers

## Rejuvenating with Heart: Inspiring Staff during Challenging Times

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26th ANNUAL CONFERENCE

# *Nurse Leaders & Managers*

## Rejuvenating with Heart: Inspiring Staff during Challenging Times

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### CONFERENCE AGENDA • LIVE VIRTUAL WEBINAR

FRIDAY, OCTOBER 21, 2022 • 8:00 AM TO 3:45 PM ET

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- 8:00–9:30 AM **Keynote: Thriving after a Life-Quake: Strategies to Achieve Wellbeing.....Rose Sherman**  
COVID-19 is being described as a global life-quake event. A life-quake is a massive life change that reshapes our lives with aftershocks that can last for years. In this virtual education session, we consider how this life-quake could change both the nursing workforce and what is expected from nurse leaders. Strategies will be presented on how leaders can help themselves and their teams to rebuild their well-being.
- 9:45–11:00 AM **4 Pillars of Leadership: Creating and Sustaining a Mentally Healthy Workplace..... Kim LaMontagne**  
In this powerful perspective, Kim will illustrate the impact of not addressing mental health in the workplace, describe lived experiences to bring the human connection to mental health, and identify tools that leaders can use to begin normalizing the conversation about mental health in the workplace
- 11:15 AM–12:15 PM **Finding and Being a Mentor: A Panel Discussion ..... Jane Leonard, Tasha Hubicki, Warren Phillips**  
Mentorship is critical to both advancing as a leader and providing leadership to others. In this session, mentorship is considered from multiple perspectives and panel members share their experiences of both being mentored and mentoring others.
- 1:00–2:00 PM **Storytelling Through Music:  
A Celebration of Compassion and Reconnection to Meaning and Purpose .....Carolyn Phillips**  
This lecture will describe: the balance and benefits of staying connected to our emotions while caregiving and the impact of adding music to storytelling to address psychosocial stress
- 2:15–3:15 PM **The Best Medicine for Patients is the Best Medicine for Us..... Kevin Kirksey**  
Utilizing first-hand patient experiences, perspectives, detailed observations, and research, this presentation will inspire and re-energize nurse leaders to stimulate the creation of new strategies. The perfect patient result is defined by a patient concluding, “I had a great experience, I will return there for my care, and I am telling others.” This result is achievable regardless of the patient outcome, and here we set the groundwork for achieving these results.

# 2022 NURSE LEADERS & MANAGERS CONFERENCE GENERAL INFORMATION

**CANCELLATION/REFUND POLICY:** Registrants who are not able to attend or send a substitute can obtain a refund in the form of a voucher for a future conference. A request must be made by October 7, 2022.

**CONFIRMATIONS:** Your confirmation will be emailed to you.

**CONTACT HOURS:** This conference offers 6 contact hours.

**CONFERENCE HANDOUTS:** A link will be emailed to all participants prior to the start of the conference.

**MORE INFORMATION/SPECIAL NEEDS:** Please call 603-641-7086. You may also visit [www.anselm.edu/cne](http://www.anselm.edu/cne).

**TAPING IS NOT ALLOWED.**

Saint Anselm College is approved as a provider of nursing continuing professional development by the Northeast Multistate Division Education Unit, an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

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**PHONE:** 603-641-7086,  
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### 2022 NURSE LEADERS & MANAGERS CONFERENCE

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### REGISTRATION FEES

Conference Fee \_\_\_\_\_ \$130

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