

23rd ANNUAL CONFERENCE

*Nurse Leaders
& Managers*



**Empowering
Leaders—
Driving Change**

**Thursday & Friday,
October 11-12, 2018**

The Colony Hotel
140 Ocean Avenue
Kennebunkport, Maine

PROVIDED BY:



**SAINT ANSELM
COLLEGE**

CONTINUING NURSING EDUCATION
Committed to Advancing the Practice of Nursing



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FEATURED SPEAKERS



GLORIA DONNELLY, PHD, RN, FAAN, FCPP,
Professor, Dean Emerita, Drexel University,
College of Nursing and Health Professions,
Philadelphia, PA



MARGARET FRANCKHAUSER, MS, MPH, RN,
President/CEO, NextFifty Initiative, Denver, CO

DISTINGUISHED FACULTY



PAUL THOMAS CLEMENTS, PHD, RN,
Clinical Professor, Drexel
University, Philadelphia, PA



COLLEEN LABELLE, MSN, RN-BC, CARN,
Director, State OBAT,
Boston Medical Center's OBAT,
Boston, MA



KATHERINE MCHUGH, MA,
Founder, Training and
Development Consultant,
Awaken Wellness Resources,
Wellesley, MA



DEL GILBERT, MBA, Owner,
Accelerating Excellence,
Hudson, NH



JANE LEONARD, MBA, BSN, RN,
Assistant Director/Faculty, RN-
BSN Program, Saint Anselm
College, Manchester, NH



DONNA M. WHITE, PHD, RN, CNS, CADAC,
Addiction Specialist,
Fellow-Board Certified Expert
in Traumatic Stress, Master
Trainer, Commonwealth of MA,
Boston, MA



MATTHEW HOUDE, JD, MHCDS,
VP, Government Relations,
Dartmouth-Hitchcock,
Lebanon, NH



NANCY LAMONTAGNE, MSN, RN, CNOR, CNML,
Nurse Manager,
Southern Maine Health Care,
Biddeford, ME



WENDY WRIGHT, MS, FNP, FAANP, FAAN, FNAP, Owner
& FNP- Wright & Associates
Family Healthcare,
Amherst, NH



TASHA HUBICKI, BSN, RN,
Associate Director, Heart
and Vascular Interventional
Unit, Catholic Medical Center,
Manchester, NH



ALISON MACDONALD, MPA, MHCDS, VP, Policy & Federal
Affairs, Dartmouth-Hitchcock,
Lebanon, NH

PLANNING COMMITTEE

AMY GUTHRIE, MS, RN, Director, Continuing Nursing Education,
Saint Anselm College, Manchester, NH

MARY ANN ALDRICH, MS, RN, Clinical Director of Community
Health, Dartmouth-Hitchcock, Manchester, NH

JUDY ASCI, MS, RN, CEN, Nurse Care Manager, Harvard Pilgrim
Healthcare, Manchester, NH

EMMA DANN, DNP, RN, OCN, NEA-BC, Associate Chief Nurse,
Network; Dana-Farber Cancer Institute, Boston, MA

TASHA HUBICKI, BSN, RN, Associate Director, Heart and Vascular
Interventional Unit, Catholic Medical Center, Manchester, NH

NANCY LAMONTAGNE, MSN, RN, CNOR, CNML, Nurse Manager,
Ambulatory Care Unit, Endoscopy, Pre-Admission Testing,
Infusion, Southern Maine Health Care, Biddeford, ME

JANE LEONARD, MBA, BSN, RN, Assistant Director/Faculty, RN- BSN
Program, Saint Anselm College, Manchester, NH

MARGARET A. RICE, MS, RN, Senior Consultant, Consulting
Associates, Manchester, NH



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CONFERENCE AGENDA

WEDNESDAY, OCTOBER 10, 2018

4:00–5:30 PM **Early Registration**
Want a change to sleep a little later or enjoy a more leisurely breakfast? Take advantage of our early registration opportunity

DAY 1 THURSDAY, OCTOBER 11, 2018

7:30–8:00 AM **Registration and Coffee**

8:00–8:15 AM **Welcome and Opening Remarks**

8:15–9:45 AM **KEYNOTE: Career Transitions: Normal and Cataclysmic.....Gloria Donnelly**
This presentation frames both the common and unusual occurrences in a 50 year nursing career as well as the strategies used by the nurse to navigate cataclysms and transitions. It is a personal and humorous account of the disruptive work situations that dramatically shape a career, the importance of influencers and lessons learned.

10:05–11:35 AM **Concurrent Sessions (Choose either A or B)**
SESSION A: The 7 Senses of Employee Engagement..... Del Gilbert
SESSION B: Vulnerability Risk Strategies for Workplace Violence Paul Thomas Clements

11:30 AM–12:30 PM **Lunch (provided)**

12:30–1:45 PM **Concurrent Sessions (Choose either C or D)**
SESSION C: Nurse Leader's Role in Health and Social Policy Margaret Franckhauser
SESSION D: Gaining Confidence in New Leadership Roles: What Works and What Doesn't.....Tasha Hubicki, Nancy Lamontagne, Jane Leonard

2:00–3:15 PM **PLENARY 1: Healthcare Encounters along the LGBTQIA Continuum..... Paul Thomas Clements**

3:25–4:40 PM **Concurrent Sessions (Choose either E or F)**
SESSION E: Bananas and Band-aids: What Nurses Can Learn from Carmen Miranda! Gloria Donnelly
SESSION F: Leveraging Nurses to Expand Access to Treatment in the Opioid Epidemic Colleen LaBelle

DAY 2 FRIDAY, OCTOBER 12, 2018

7:30– 8:00 AM **Registration for New Attendees and Coffee**

8:00–9:15 AM **PLENARY 2: The Future of Aging..... Margaret Franckhauser**
The nation and the world are on the precipice of change. For the first time in the history of mankind, an average adult can expect to live well into his/her 80s. Are we ready? What will these changes mean? How can we, our profession and our culture adapt to this sweeping change? This session will provide a tour of the challenges and opportunities before us and provide some surprising insights.

9:45–11:00 AM **Concurrent Sessions (Choose either G or H)**
SESSION G: Leadership Issues with Intergenerational StressDonna White
SESSION H: Managing Different Personalities in the Workplace: It Takes Persistence and Creativity.....Wendy Wright

11:10 AM–12:25 PM **PLENARY 3: ACA Changes and Impact on Healthcare System Matthew Houde, Alison MacDonald**

12:30–1:30 PM **Lunch (Provided)**

1:30–2:45 PM **PLENARY 4: Mindfulness for Brain Health..... Katherine McHugh**
Discover how the practice of mindfulness can be a powerful tool for training the brain, with scientifically proven benefits including stress reduction, increased attention and focus, improved health and well-being and happier relationships at work and at home.

2:45–3:00 PM **Evaluations and Departures**

2018 NURSE LEADERS & MANAGERS CONFERENCE GENERAL INFORMATION

LOCATION: The Colony Hotel, Kennebunkport, Maine. This 1914 Grand Oceanfront hotel is included in the national Trust's Historic Hotels of America. Spectacularly situated on the rock promontory overlooking the Atlantic Ocean and the mouth of the Kennebunk River, it has a heated salt-water swimming pool, private, safe, surf beach, and gorgeous organic gardens. It's located within walking distance (1 mile) of the charming village of Kennebunkport.

HOTEL INFORMATION: A block of overnight rooms have been reserved at the special conference rate of \$105 garden side and \$155 ocean side per night plus tax; includes a full breakfast. Make reservations directly with the hotel – ask for the Saint Anselm College block. Overnight room reservation deadline: Rooms will be held until August 26, 2018. Thereafter, rooms and group rate may no longer be available. For additional information and directions, please call The Colony Hotel at 800-552-2363 or visit their website: www.thecolonyhotel.com.

GROUP DISCOUNT: If five or more people from the same agency register at the same time for the same conference, you may deduct 10%. Mailed registrations must arrive in the same envelope. Faxed registrations must arrive together. Not combinable with Early Registration Discount.

EARLY REGISTRATION DISCOUNT: In order to receive Early Registration Discount, payment in the form of a check, Visa or MasterCard must accompany registration form and be in our office by September 5, 2018. All payments must be received by the start of the conference or a personal check/cash/credit card will be necessary to attend. Not combinable with Group Discount.

CANCELLATION/REFUND POLICY: Registrants who are not able to attend or send a substitute can obtain a refund of registration fees, minus a \$60 processing fee. A written request must be received by September 20, 2018. REFUNDS WILL NOT BE ISSUED AFTER THIS DATE – NO EXCEPTIONS.

CONFIRMATIONS: your confirmation will be emailed to you. Since some concurrent sessions will be limited in size, early registration is advised.

CONFERENCE HANDOUTS: A link will be emailed to all participants prior to the start of the conference.

TAPING IS NOT ALLOWED.

CONTACT HOURS: this conference carries a maximum of 11.75 contact hours for this conference.

MORE INFORMATION/SPECIAL NEEDS: Please call 603-641-7086. You may also visit www.anselm.edu/cne.

Saint Anselm College is an approved provider of continuing nursing education by the Northeast Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

CONFERENCE REGISTRATION FORM

MAIL: Saint Anselm College, Continuing Ed #1745
100 Saint Anselm Drive
Manchester, NH 03102-1310

PHONE: 603-641-7086,
credit card required

FAX: 603-641-7089
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2018 NURSE LEADERS & MANAGERS CONFERENCE

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CONCURRENT SESSION SELECTIONS (REQUIRED)

Assignments will be made on a **FIRST COME, FIRST SERVE** basis.

Date	Session (please circle)
Thursday, October 11	A or B C or D E or F
Friday, October 12	G or H

REGISTRATION FEES

NOTE: Conference fee includes continental breakfast, lunch, and breaks.

	EARLY: by Sept. 5	REGULAR: after Sept. 5
1-day Registration <input type="checkbox"/> Th <input type="checkbox"/> Fri	_____ \$205	_____ \$235
2-day Registration	_____ \$385	_____ \$435