

25th ANNUAL CONFERENCE

Nurse Leaders & Managers



Leadership Today: Managing Chaos, Cultivating Calm

**Live Virtual Webinar
Friday, October 22, 2021
8:00 am - 3:45 pm**

PROVIDED BY:



SAINT ANSELM
COLLEGE

CONTINUING NURSING EDUCATION
Committed to Advancing the Practice of Nursing



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CONFERENCE AGENDA

FRIDAY, OCTOBER 22, 2021

- 8:00–9:15 AM **Keynote: Managing Chaos, Cultivating Calm** Virginia Beeson
The past year has been a year of chaos, change, anxiety, worry and stress; and we are not sure what the future holds. However, nurses have responded to change and challenges for generations, and have done so very successfully. How do we draw on our strong foundation of dedication and excellence, and build the skills needed for the challenges of the future? How do we manage the changes ahead and create/cultivate the calm and professional work environment that will be so desperately needed?
- 9:25–10:40 AM **Nurse Leadership. . . Why Stay?** Faith Roberts
What brought you to leadership is not what keeps you there. This presentation will review attributes successful leaders possess/develop that make their practice valuable. This will include tough conversations, discipline, setting and keeping boundaries. Techniques employed by strong leaders will be shared.
- 10:50–11:50 AM **5 Trends in Health & Social Systems That Will Shape the Healthcare World** Margaret Franckhauser
Events in our nation are profoundly affecting the culture of health in the United States and across the world. This session will focus on how those changes will affect clinicians and citizens, how we engage with one another and how nurses can embrace those changes to enhance practice.
- 12:30–1:30 PM **Diversity, Inclusion, Equity: What Nurse Leaders Need to Know** Ildemaro Gonzalez
Nurse leaders must be aware of the issues surrounding diversity, inclusion and equity in order to make changes to help overcome these issues, both for staff and for patients. This session will include strategies on how one's bias influences interactions as well as discuss the importance of supporting diversity within their nursing team, and the needs of minority staff members.
- 1:40–2:40 PM **One Nurse Leader's Unique Journey** Sheila Davis
In this session, Dr. Sheila Davis will discuss her unique path to leadership through highlighting specific challenges and opportunities that she encountered during her nursing career.
- 2:45–3:45 PM **Practicing Gratitude: Cultivating Well-Being through the Science (and Art) of Thanks** Katherine McHugh
The latest research in neuroscience has demonstrated how profoundly gratitude improves our mental, emotional and physical health. Learn how you can daily encourage 'an attitude of gratitude' so that joy and well-being are regular visitors, instead of occasional guests.

2021 NURSE LEADERS & MANAGERS CONFERENCE GENERAL INFORMATION

CANCELLATION/REFUND POLICY: Registrants who are not able to attend or send a substitute can obtain a refund of registration fees, minus a \$60 processing fee. A written request must be received by September 30, 2021. REFUNDS WILL NOT BE ISSUED AFTER THIS DATE – NO EXCEPTIONS.

CONFIRMATIONS: Your confirmation will be emailed to you.

CONFERENCE HANDOUTS: A link will be emailed to all participants prior to the start of the conference.

TAPING IS NOT ALLOWED.

CONTACT HOURS: This conference offers 6.75 contact hours.

MORE INFORMATION/SPECIAL NEEDS: Please call 603-641-7086. You may also visit www.anselm.edu/cne.

Saint Anselm College is approved as a provider of nursing continuing professional development by the Northeast Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

CONFERENCE REGISTRATION FORM

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Manchester, NH 03102-1310

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2021 NURSE LEADERS & MANAGERS CONFERENCE

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