Conferences Designed to Promote Excellence in Nursing Practice

SPRINGCONF 2019

SAINT ANSELM COLLEGE
CONTINUING NURSING EDUCATION
Committed to Advancing the Practice of Nursing

Friend us on Facebook for information about upcoming events!

Change Service Requested
**SPRING 2019 CONFERENCE SCHEDULE**

### JANUARY

#### FRIDAY, JANUARY 25, 2019

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Contact Hours</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30 AM – 3:00 PM</td>
<td>Clinical Faculty Development Workshop</td>
<td>5</td>
<td>$109</td>
</tr>
</tbody>
</table>

**Faculty:** Kimberly Silver Dunker, DNP, RN, Associate Professor, Nursing Faculty, Worcester State University, Worcester, MA

This program is ideal for RNs who want to learn to teach clinical as well as experienced faculty mentoring clinical adjunct or new clinical faculty.

### FEBRUARY

#### THURSDAY, FEBRUARY 21, 2019

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Contact Hours</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30 AM – 3:00 PM</td>
<td>Exploring the Skills of Resiliency: How to Bounce Back from Chaos</td>
<td>6.25</td>
<td>$119</td>
</tr>
</tbody>
</table>

**Faculty:** Amy Guthrie, MS, RN, Saint Anselm College, Manchester, NH

### FEBRUARY 28 – MARCH 27, 2019

#### Leadership and the Profession of Nursing

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Contact Hours</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday, February 28: 8:30 am-4pm at Saint Anselm College</td>
<td>remaining 9 hours of course work online. One of 4 modules toward an Advanced Nurse Leader Certificate. (See breakout box for more details.)</td>
<td>15</td>
<td>$284</td>
</tr>
</tbody>
</table>

**Faculty:** Wendy Wright, MS, RN, APRN, FNP, FAANP, Wendy L. Wright & Associates, Amherst, NH

### MARCH

#### FRIDAY, MARCH 1, 2019

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Contact Hours</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30 AM – 3:00 PM</td>
<td>Update in Diabetes Care 2019</td>
<td>5</td>
<td>$109</td>
</tr>
</tbody>
</table>

**Faculty:** Wendy Wright, MS, RN, APRN, FNP, FAANP, Wendy L. Wright & Associates, Amherst, NH

### MARCH 1 – 2 AND APRIL 12 – 13, 2019

#### Faith Community Nursing Foundations Course

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Contact Hours</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fridays, 4-8:30pm, Saturdays 8-4:30pm; plus 12 hours self-pace</td>
<td>Joseph House Retreat Center, Manchester, NH</td>
<td>36</td>
<td>$591</td>
</tr>
</tbody>
</table>

**Faculty:** Amy Guthrie, MS, RN, Saint Anselm College, Manchester, NH

### TUESDAY, MARCH 5, 2019

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Contact Hours</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>5:30–9:30 PM</td>
<td>IV Therapy Hybrid Course for LPNs and RNs</td>
<td>32</td>
<td>$279</td>
</tr>
</tbody>
</table>

**Faculty:** Amy Guthrie, MS, RN, Saint Anselm College, Manchester, NH

### THURSDAY, MARCH 7, 2019

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Contact Hours</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30 AM – 4:15 PM</td>
<td>The Evolving Palliative Care Model</td>
<td>5.5</td>
<td>$109</td>
</tr>
</tbody>
</table>

**Faculty:** Emily Proulx, MSN, APRN-CE, WHNP-BC, Obstetrics & Gynecology, Dartmouth-Hitchcock Nashua; Michelle Earnest, APRN, FNP-BC, EEM-AP, MSN, DMlin, Director of Education, Innersource, Nashua, NH

This program will include updates on pap guidelines, STD testing/treatment, management of abnormal uterine bleeding, and energy medicine approach to balancing hormones.

### TUESDAY, MARCH 5, 2019

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30 AM – 4:00 PM</td>
<td>Addictions Symposium</td>
<td>6</td>
<td>$109</td>
</tr>
</tbody>
</table>

**Faculty:** Donna White, PhD, RN, CNS, CADAC, Addiction Specialist, Commonwealth of MA, Boston; Kerry Nolte, PhD, APRN, UNH, Durham, NH; Joanne Peterson, CEO, Learn to Cope, Susan McKeown, ARNP, Manchester, NH; Hon. John Broderick, Dartmouth-Hitchcock Health System; NH State Trooper Sft. Christopher Storm

This program will address such issues as America’s fascination with drugs; updates on drugs seen and abused, harm reduction strategies, assessment of the person under the influence, family/grandparents’ perspective, and changing the culture of addiction/mental health.

### APRIL

#### THURSDAY, MARCH 28, 2019

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Contact Hours</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30 AM – 3:30 PM</td>
<td>Hot Topics in Pharmacology</td>
<td>5.5</td>
<td>$109</td>
</tr>
</tbody>
</table>

**Faculty:** Deb Boles, MS, RPh, Erin Geel, PharmD, Lowell General Hospital, Lowell, MA; Matt Borden, PharmD, Lowell General Hospital and Tufts Medical Center, Boston, MA.

This program will cover pain management/treatment/reversal agents etc., alcohol withdrawal, novelty oral anticoagulants, medication safety, and antibiotic update including superbugs/super drugs.

#### THURSDAY – FRIDAY, APRIL 4 – 5, 2019

#### 23rd Annual Northeast Regional Psychiatric Nursing Conference

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</tr>
</thead>
<tbody>
<tr>
<td>8:30 AM – 3:00 PM</td>
<td>Mindfulness for the Healthcare Professional</td>
<td>5</td>
<td>$109</td>
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</tbody>
</table>

**Faculty:** Annabel Beerel, PhD, MBA, New England Women’s Leadership Institute, Natick, MA

This program will explore the concept of mindfulness and the role of meditation as well as how mindfulness enhances practice effectiveness in a variety of dimensions.

#### APRIL 11 – MAY 8, 2019

#### Leading People: Art of Truly Being Present

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</tr>
</thead>
<tbody>
<tr>
<td>8:30 AM – 3:00 PM</td>
<td>Women’s Health Update</td>
<td>5</td>
<td>$109</td>
</tr>
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</table>

**Faculty:** Emily Proulx, MSN, APRN-CE, WHNP-BC, Obstetrics & Gynecology, Dartmouth-Hitchcock Nashua; Michelle Earnest, APRN, FNP-BC, EEM-AP, MSN, DMlin, Director of Education, Innersource, Nashua, NH

This program will include updates on pap guidelines, STD testing/treatment, management of abnormal uterine bleeding, and energy medicine approach to balancing hormones.

#### APRIL 26 – MAY 23, 2019

#### Art of Debriefing

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<th>Time</th>
<th>Event</th>
<th>Contact Hours</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30 AM – 3:00 PM</td>
<td>What Science Tells Us about Nutrition and Healthy Brains</td>
<td>5</td>
<td>$109</td>
</tr>
</tbody>
</table>

**Faculty:** Nancy Emerson Lombardo, PhD, Brain Health & Wellness Center, Acton, MA, Adjunct Research Assistant Professor of Neurology, Boston University School of Medicine.

This program will explore key research findings about brain healthy nutrition including which foods are helpful and which foods are detrimental to brain health. Discussion includes practical ways to initiate changes toward brain healthier nutrition and meals. Recipes, food samples will be included.

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For more program details and to register, please visit our website at www.anselm.edu/cne or call 603-641-7086.
### COMING UP IN 2019—SAVE THESE DATES!

Each of these conferences has its own flyer detailing the program. Brochure will be posted on our website when they become available. Please visit our website at: www.anselm.edu/cne

**THURSDAY, MAY 2, 2019**

**Innovation & Quality Improvement Conference**

Jointly provided with the New Hampshire Nurses Association

Contact Hours: 5 • Fee: $119 (includes lunch); $99 for NHNA members—https://nnhurses.nursingnetwork.com/contact for discount code

**FACULTY:**

Bonnie Clipper, DNP, MA, MBA, RN, CENP, FACHE, Director of Innovation and Practice, ANA; Kate Cappellini, PhD, RN, Director, Nursing Education, Research and Innovation, Wentworth-Douglass Hospital; Fiona Wilson, DBA, UNH Center for Social Innovation & Enterprise.

**TUESDAY, MAY 7, 2019**

**IV Therapy Hybrid Course for LPNs and RNs**

Contact hours: 32 • Fee: $279

IV Skills Simulation Lab; must complete online portion of course before attending skills lab. (See breakout box for more details)

**MONDAY—FRIDAY, MAY 20—24, 2019**

**NCLEX Review**

Saint Anselm College (Detailed brochure available)

**THURSDAY, MAY 23, 2019**

**Integrative Care Conference**

Jointly provided with Elliot Healthcare

Contact hours: 6.25 • Fee: $119 (includes lunch)

Saint Anselm College (Detailed brochure available)

**WEDNESDAY—FRIDAY, MAY 29—31, 2019**

**The 27th Annual Conference for Nurse Educators**

Sea Crest Beach Resort, North Falmouth, MA (Detailed brochure available)

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**ADVANCED NURSE LEADER CERTIFICATE PROGRAM**

This innovative hybrid online (one day classroom, remainder online) certificate program is designed to explore the various components to develop a nurse leader, who is looking to enhance and empower oneself in advancing the future of the nursing profession.

Modules may be taken individually. In order to receive this certificate (60 contact hours), all 4 modules must be completed. Fee: $284 per module.

**FEB 28—MARCH 27, 2019**

Leadership and the Profession of Nursing

Thursday, Feb. 28 • 8:30 am-4:00 pm at Saint Anselm College; remainder of program online

**APRIL 11—MAY 8, 2019**

Leading People: Art of Truly Being Present

Thursday, April 11 • 8:30 am-4:00 pm at Saint Anselm College; remainder of program online

**SEPT 19—OCT 16, 2019**

Blending Mission and Margin: Business Skills for the Nurse Leader

Thursday, Sept. 19 • 8:30 am-4:00 pm at Saint Anselm College; remainder of program online.

**NOV 7—DEC 6, 2019**

Future of Nursing: Quality, Health-care Policy and Patient Outcomes

Thursday, November 7 • 8:30 am-4:00 pm at Saint Anselm College; remainder of program online.

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**ONLINE COURSES AVAILABLE**

New online program just added: **IV Therapy Online Course for RNs.**

**IV THERAPY HYBRID COURSE FOR LPNS AND RNs**

Jointly provided with Infusion Knowledge, Inc.

Contact Hours: 32 • Fee: $279

**ONLINE FACULTY:** Kay Coulter, CRNI, VA-BC

**SKILLS LAB FACULTY:** infusion therapy qualified instructors

This hybrid course includes 28 hours of online learning, followed by 4-hour on-site skills lab with simulated hands-on training session with a certified instructor. The online learning portion must be completed prior to the 4-hour skills lab.

Spring 2019 Skills Lab: will be held onsite at Saint Anselm College

Tuesday, March 5 • 5:30-9:30pm

Tuesday, May 7 • 5:30-9:30pm

Limited space; register early. Additional dates and times may be added. Please visit our website as they become available: www.anselm.edu/cne

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**HEALTHCARE SIMULATION EDUCATOR CERTIFICATE PROGRAM**

This innovative hybrid online (one day classroom, remainder online) certificate program is designed to explore the various components necessary to develop and run simulation scenarios within an academic or clinical setting.

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**MAR 8—APRIL 4, 2019**

**Overview of Simulation**

In class Friday, March 8 at St. Anselm College; remainder of program online

**APRIL 26—MAY 23, 2019**

**Art of Debriefing**

In class Friday, April 26 at St. Anselm College; remainder of program online

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**3:30-9:30 PM**

**THURSDAY, MAY 9, 2019**

**Innovation & Quality Improvement Conference**

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Contact Hours: 5 • Fee: $119 (includes lunch); $99 for NHNA members—https://nnhurses.nursingnetwork.com/contact for discount code

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For more program details and to register, please visit our website at www.anselm.edu/cne or call 603-641-7086.
SPRING 2019 CONFERENCES — GENERAL INFORMATION

CHECK-IN and continental breakfast or snack 1/2 hour before start time for all conferences.

LOCATION: All programs located in Gadbois Hall, Saint Anselm College unless otherwise specified.

DIRECTIONS TO SAINT ANSELM COLLEGE: Please visit our website: www.anselm.edu/cne or call 603-641-7086.

GROUP DISCOUNT: If five or more people from the same agency register at the same time for the same conference, you may deduct 10%. Mailed registrations must arrive in the same envelope. Faxed registrations must arrive together.

CANCELLATIONS made at least 5 business days prior to a conference will be honored with a refund or a credit to a future conference held within a subsequent one-year period.

NOTE: A 20% processing fee will be deducted. Substitutions may be made at any time; please advise in advance.

CONFIRMATIONS: Your confirmation will be emailed to you.

TAPING is not allowed.

DINING: Lunch is not included unless otherwise stated. Food is available at Davison Hall or the Coffee Shop.

PROGRAM CHANGES: We reserve the right to make changes in content and speakers, or to cancel programs if enrollment criteria are not met or when conditions beyond our control prevail.

INCLEMENT WEATHER: In the event of severe inclement weather, a conference may be cancelled or delayed. Call our voice mail at 603-641-7086. We will have the latest information at that number after 6:30 AM.

PURCHASE ORDERS are accepted, but full payment must be received prior to the start of the conference; otherwise, a personal check/cash/credit card will be required.

FOR YOUR COMFORT, we recommend dressing in layers, as room temperatures vary.

Saint Anselm College is an approved provider of continuing nursing education by the Northeast Multistate Division, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

SPRING 2019 CONFERENCES REGISTRATION FORM

MAIL: Saint Anselm College, Continuing Ed #1745
100 Saint Anselm Drive
Manchester, NH 03102-1310

PHONE: 603-641-7086, credit card required
FAX: 603-641-7089, credit card required
ONLINE: www.anselm.edu/cne credit card required

SPRING 2019 CONFERENCES

Name (please print clearly or type) ____________________________________________________________

Credentials ___________________________________________________________ Phone ( _____________ ) _______________________________

Home Address __________________________________________________________________________________________________________

City________________________________________________________State_______________Zip (Essential) _______________________________

Email (REQUIRED) __________________________________________________________________________________________________________

Employing Agency _________________________________________________________________________________________________________

Address________________________________________________________________Phone ( ___________) _______________________________

City________________________________________________________State_______________Zip (Essential) _______________________________

List Conferences ___________________________________________________________________________Date ____________________________

___________________________________________________________________________Date ____________________________

___________________________________________________________________________Date ____________________________

___________________________________________________________________________Date ____________________________

METHOD OF PAYMENT

☐ Check enclosed made payable to Saint Anselm College in the amount of $ ____________________________ Purchase Order # _____________

I authorize the use of my credit card: ☐ VISA ☐ MasterCard Account # ____________________________ Exp _____________

Amount Authorized: $ ____________________________ Date ____________________________ Signature ____________________________

Friend us on Facebook for information about upcoming events!