

35th ANNUAL CONFERENCE  
*School Nurses*



**Challenges  
and Changes in  
Today's School  
Nursing**

**Monday–Wednesday,  
July 30–August 1, 2018**

PRESENTED BY:



**SAINT ANSELM  
COLLEGE**

**CONTINUING NURSING EDUCATION**  
Committed to Advancing the Practice of Nursing

**[WWW.ANSELM.EDU/CNE](http://WWW.ANSELM.EDU/CNE)**



**SAINT ANSELM  
COLLEGE**

**CONTINUING NURSING EDUCATION**

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Manchester, NH 03102-1310

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# 35th ANNUAL CONFERENCE

## School Nurses

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## DISTINGUISHED FACULTY



**TIFFANI ARSENAULT, MS**, The Family Connections Center at the NH Department of Corrections



**CHRISTOPHER THURBER, PHD**, Psychologist, Instructor, Phillips Exeter Academy, Exeter, NH



**CELESTE BARR, MA, BS**, Education & Community Affairs Director, Beaver Brook Nature Center, Hollis, NH



**DONNA M. WHITE, PHD, RN, CNS, CADAC**, Addiction Specialist, Lemuel Shattuck Hospital, Boston, MA



**MATTHEW HAND, DO**, Pediatric Nephrology and Integrative Medicine, Elliot Pediatric Specialties, Manchester, NH



**WENDY WRIGHT, MS, ANP-BC, FNP-BC, FAANP, FAAN, FNAP**, Wendy L. Wright & Associates, Amherst, NH



**JENNIFER HOLLIDGE, BA**, Lead Childhood & Youth Program Coordinator, DoD Contractor at the New Hampshire National Guard



**LYNN FEENAN, MS, RN, AE-C**, Pediatric Pulmonary Clinical Nurse Specialist, NH CF Center Coordinator, CHaD, Dartmouth-Hitchcock Medical Center, Lebanon, NH



**SGT. CHRISTOPHER STORM**, Commander, Drug Recognition Expert, New Hampshire State Police, Concord, NH

## PLANNING COMMITTEE

**AMY GUTHRIE, MS, RN**, Director, Continuing Nursing Education, Saint Anselm College, Manchester, NH

**JENNIFER FRANZ, BS, RN**, School Nurse, Goffstown High School, Goffstown, NH

**LINDA ISABELLE, RN, MSNH, MR**, School Nurse, Moultonborough Central School, Moultonborough, NH

**BARBARA KELLY, BS, RN**, School Nurse, Newfound Regional High School, Bristol, NH

**LAUREN ROMANAUSKAS, RN BSN**, School Nurse, Memorial School, Hudson NH

**NANCY WELLS, MS, RN, NCSN**, School Nursing Coordinator, NH Department of Education, Concord, NH

## KEYNOTER:

### Annabel Beerel, PhD, MBA

President/CEO of the New England Women's Leadership Institute, Natick, MA

Annabel Beerel is a Leadership and Change consultant who works with individuals and organizations to help build leadership capacity. She is an executive coach who also provides a variety of training and professional development seminars and workshops. She holds a PhD, an MA in Psychology and an MBA. She is also a certified Mindfulness and Meditation instructor.



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# 35th ANNUAL CONFERENCE

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## CONFERENCE AGENDA

### PRE-CONFERENCE—MONDAY, JULY 30, 2018

- 7:45– 8:30 AM Registration and Coffee in Dana Center
- 8:30–11:45 AM **WORKSHOP 1: Clinical Pearls of Neuro Assessment for the School Nurse** ..... Wendy Wright  
Headaches and concussions are commonly encountered complaints or conditions in school-based clinics. Nurses must evaluate and appropriately treat children with such issues. This workshop will discuss diagnosis and treatment of children with headaches, concussions, and syncope are discussed in detail.
- 11:45 AM–12:45 PM **Lunch (included)**
- 12:45–4:00 PM **WORKSHOP 2: Identifying the Impaired Person** ..... Sgt. Christopher Storm  
This workshop is designed to enable school nurses to identify chemically impaired individuals and types of drugs for the purpose of ensuring a safer school environment. Participants will be better able to recognize drug-impaired individuals and utilize certain testing to better identify drug- impaired individuals.
- 4:00–4:15PM **Evaluation**

### CONFERENCE DAY 1—TUESDAY, JULY 31, 2018

- 7:30–8:20 AM Registration and Coffee in Dana Center
- 8:20–8:30 AM **Welcome and Opening Remarks**..... Amy Guthrie
- 8:30–10:00 AM **KEYNOTE: Leading from the Inside Out: Finding Your Personal Power** ..... Annabel Beerel  
Leadership begins with how we lead our lives and then how we role model that for others. The more we exercise leadership in our own lives the more personally empowered we feel and the more personal power we can use to mobilize others. Through this presentation, participants will understand the power of leadership and one's own personal power from a whole new perspective.
- 10:00–10:30 AM **Break**
- 10:30 AM–12:00 NOON **GENERAL SESSION 1: Antibiotic Update 2018: A Focus on Respiratory Infections**..... Wendy Wright
- 12 NOON–12:45 PM **Lunch (provided)**
- 12:45–2:00 PM **GENERAL SESSION 2: Nature's RX**..... Celeste Barr
- 2:00–2:15 PM **Break**
- 2:15–3:30 PM **GENERAL SESSION 3: Fundamentals for Supporting Military Youth** ..... Jennifer Holledge
- 3:30–4:30 PM **GENERAL SESSION 4: Cystic Fibrosis in the 21 st Century: What School Nurses Need to Know** ..... Lynn Feenan

### CONFERENCE DAY 2—WEDNESDAY, AUGUST 1, 2018

- 7:30–8:15 AM Registration and Coffee in Dana Center
- 8:15–8:30 AM **Welcome**
- 8:30–10:00 AM **GENERAL SESSION 5: Dealing with Difficult Parents**..... Christopher Thurber
- 10:00–10:15 AM **Break**
- 10:15–11:45 AM **GENERAL SESSION 6: Integrative Health Approach to School-Age Children** ..... Matthew Hand
- 11:45 AM–12:30 PM **Lunch (provided)**
- 12:30–1:30PM **GENERAL SESSION 7: Incarceration and Impact on Children** ..... Tiffani Arsenault
- 1:30–2:30 PM **GENERAL SESSION 8: The Science of Caring for Ourselves: Creating a Personal Toolbox for Wellness in a Stressful Work Environment** ..... Donna White
- 2:30–2:45 PM **Evaluations and Closing**



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# GENERAL INFORMATION – Challenges and Changes in Today’s School Nursing

**CONTACT HOURS:** This conference carries a maximum of 17.75 contact hours for the 3 days.

**DIRECTIONS TO SAINT ANSELM COLLEGE:** Please visit our website: [www.anselm.edu/cne](http://www.anselm.edu/cne) or call (603) 641-7086.

**PURCHASE ORDERS** are accepted, but full payment must be received prior to the start of the conference; otherwise, a personal check/cash/credit card will be required.

**GROUP DISCOUNT:** If five or more people from the same agency register at the same time for the same conference, you may deduct 10%. Mailed registrations must arrive in the same envelope. Faxed registrations must arrive together. Not combinable with Early Registration Discount.

**EARLY REGISTRATION DISCOUNT:** In order to receive Early Registration Discount, payment in the form of a check, Visa, or MasterCard must accompany registration from and be

in our office by June 14, 2018. All payments must be received by the start of the conference or a personal check/cash/credit card will be necessary to attend. Not combinable with Group Discount.

**CONFIRMATIONS:** Your confirmation will be emailed to you. Early registration is advised.

**CONFERENCE HANDOUTS:** A link will be emailed to all participants 10 days prior to the start of the conference. The email address given on registration page will be used to email the conference handout link. Visit [www.anselm.edu/cne](http://www.anselm.edu/cne) for session descriptions and objectives.

**CANCELLATION/REFUND POLICY:** Registrants who are not able to attend or send a substitute can obtain a refund of registration fees, minus a \$60 processing fee. A written request must be received by July 14, 2018. **REFUNDS WILL NOT BE ISSUED AFTER THIS DATE—NO EXCEPTIONS.**

**TAPING** is not allowed.

**DINING:** Lunch is included in the conference fee.

**PROGRAM CHANGES AND CANCELLATIONS:** We reserve the right to make changes in content and speakers; or to cancel programs if enrollment criteria are not met or when conditions beyond our control prevail.

**FOR YOUR COMFORT,** we recommend dressing in layers, as room temperatures may vary.

Additional program information, special needs and online registration is available on our website: [WWW.ANSELM.EDU/CNE](http://WWW.ANSELM.EDU/CNE) or call **603-641-7086**

Saint Anselm College is an approved provider of continuing nursing education by the Northeast Multistate Division, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

## CONFERENCE REGISTRATION FORM

**MAIL:** Saint Anselm College, Continuing Ed #1745  
100 Saint Anselm Drive  
Manchester, NH 03102-1310

**PHONE:** 603-641-7086  
credit card required

**FAX:** 603-641-7089  
credit card required

**ONLINE:** [www.anselm.edu/cne](http://www.anselm.edu/cne)  
credit card required

### 2018 – Challenges & Changes in Today’s School Nursing REGISTRATION

Name (please print clearly or type) \_\_\_\_\_

Home Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip (Essential) \_\_\_\_\_

Credentials \_\_\_\_\_ Phone ( \_\_\_\_\_ ) \_\_\_\_\_

Email (REQUIRED) \_\_\_\_\_

Handout link will be sent to this email address.

Employing Agency \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip (Essential) \_\_\_\_\_

### METHOD OF PAYMENT

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### REGISTRATION FEES

**NOTE:** Conference fee includes continental breakfast, lunch, and breaks.

DAY:	EARLY: by June 14	REGULAR: after June 14
<b>1-DAY</b>	_____ \$165	_____ \$185
<b>Circle one:</b>	July 30 July 31 Aug 1	
<b>2-DAY</b>	_____ \$ 225	_____ \$249
<b>Circle which days:</b>	July 30 July 31 Aug 1	
<b>3-DAY</b>	_____ \$285	_____ \$319

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