36th ANNUAL CONFERENCE

School Nurses

Challenges and Changes in Today’s School Nursing

Monday–Wednesday, August 5–7, 2019

PRESENTED BY:

SAINT ANSELM COLLEGE

CONTINUING NURSING EDUCATION
Committed to Advancing the Practice of Nursing

WWW.ANSELM.EDU/CNE

SAINT ANSELM COLLEGE

CONTINUING NURSING EDUCATION
100 Saint Anselm Drive
Manchester, NH 03102-1310

Change Service Requested
DISTINGUISHED FACULTY

ANN CHRISTIANO, APRN, CDE, Pediatric Endocrinology, Dartmouth-Hitchcock Medical Center, Lebanon, NH

ELIZABETH DALY, MPH, Chief, Bureau of Infectious Disease Control, NH Department of Health & Human Services, Concord, NH

MATTHEW HAND, DO, Pediatric Nephrology and Integrative Medicine, Elliot Pediatric Specialties, Manchester, NH

BRIAN HUCKINS, BS, Director of Children & Youth Programs, NAMI New Hampshire, Concord, NH

MAURA JONES, RD, LD, CDE, Pediatric Endocrinology and Primary Care, Dartmouth-Hitchcock Medical Center, Lebanon, NH

KATHERINE MCHUGH, MA, Founder, Training and Development Consultant, Awaken Wellness Resources, Wellesley, MA

DARLENE MORSE, MSN, RN, MED, CIC, Public Health Nurse Program Manager Bureau of Infectious Disease Control, Department of Health & Human Services, Concord, NH

LISA PLOTNIK, MD, Dartmouth-Hitchcock, Manchester, NH

LAURIE WARNOCK, MPH, NH Education Coordinator, Northern New England Poison Center, Portland, ME

WENDY L. WRIGHT, DNP, ANP-BC, FNP-BC, FAANP, FAAN, FNAP, Owner and Family Nurse Practitioner, Wright & Associates Family Healthcare @ Amherst and @ Concord

PLANNING COMMITTEE

AMY GUTHRIE, MS, RN, Director, Continuing Nursing Education, Saint Anselm College, Manchester, NH

LINDA BRENnick, RN, Director of Health Services, Pinkerton Academy, Derry, NH

LINDA ISABELLE, RN, MSNH, MR, School Nurse, Moultonborough Central School, Moultonborough, NH

BARBARA KELLY, BS, RN, School Nurse, Newfound Regional High School, Bristol, NH

JENNIFER ROCHELEAU, BS, RN, School Nurse, Goffstown High School, Goffstown, NH

LAUREN ROMANIAUSKAS, BSN, RN, School Nurse, Memorial School, Hudson NH

NANCY WELLS, MS, RN, NCNS, adjunct assistant clinical professor, UNH, Durham, NH

KEYNOTER:

Christopher Thurber, PhD
Psychologist, Instructor, Phillips Exeter Academy, Exeter, NH

Christopher Thurber is a board-certified clinical psychologist, educator, author, and father. He earned his BA from Harvard University and a PhD in clinical psychology from UCLA. Chris has more than 30 years of experience working with camps and independent schools. He has written numerous book chapters and scholarly articles on leadership, homesickness, and youth development. Chris has also shared his opinions and expertise on national and international radio, television, print media, podcasts and webinars. For more information, visit his website: DrChrisThurber.com.
CONFERENCE AGENDA

PRE-CONFERENCE—MONDAY, AUGUST 5, 2019

7:45–8:30 am Registration and Coffee in Dana Center
8:30–11:45 am WORKSHOP 1: Taking Diabetes Back to School.................................................Ann Christiano, Maura Jones
Going back to school can be difficult for kids, parents and school nurses – especially when the child has diabetes. This program is designed to give school nurses updated knowledge about the treatment of diabetes in the school setting. You will have an opportunity to meet with other nurses, have hands on practice with some of the technology used in managing diabetes and ask questions of the staff from the CHaD diabetes program.

11:45 am–12:45 pm Lunch (included)
12:45–4:00 pm WORKSHOP 2: Integrative Strategies: Tools for the School Nurse Toolbox ..................Matthew Hand
This workshop will explore the use of integrative modalities in the treatment of chronic and common conditions focusing on fostering a culture of wellness in children.

CONFERENCE DAY 1—TUESDAY, AUGUST 6, 2019

7:30–8:20 am Registration and Coffee in Dana Center
8:20–8:30 am Welcome and Opening Remarks — Amy Guthrie
8:30–10:00 am KEYNOTE: Flight Attendants, Nuns, and Nurses: Lessons from Positive Psychology ..................Christopher Thurber
This compelling and entertaining keynote will instruct and inspire you to implement the scientific principles of positive psychology at your school and in your life. Learn practical techniques that will transform you and those around you into kind, appreciative, optimistic contributors to a healthy school culture.

10:00–10:30 am Break
10:30 am–12 noon GENERAL SESSION 1: Handling Pediatric Emergencies ............................................Wendy L. Wright
12 noon–12:45 pm Lunch (provided)
12:45–2:00 pm GENERAL SESSION 2: Working with Public Health in Outbreak Management in Schools ........Darlene Morse
2:00–2:15 pm Break
2:15–4:30 pm GENERAL SESSION 3: Old Vices, New Devices: An Update on Vaping .........................Laurie Warnock

CONFERENCE DAY 2—WEDNESDAY, AUGUST 7, 2019

7:30–8:15 am Registration and Coffee in Dana Center
8:15–8:30 am Welcome
8:30–10:00 am GENERAL SESSION 4: Anxiety 101: Helping Children Overcome Fears and Worries ..................Brian Huckins
10:00–10:15 am Break
10:15–11:45 am GENERAL SESSION 5: Responsive Practice: Caring for Youth with Physical and Intellectual Disabilities ........Lisa Plotnik
11:45 am–12:30 pm Lunch (provided)
12:30–1:30 pm GENERAL SESSION 6: Epidemiology in the School Nurse Office ..................Elizabeth Daly
1:30–2:30 pm GENERAL SESSION 7: Optimal Health and Resiliency in Children ......................Katherine McHugh
2:30–2:45 pm Evaluations and Closing
**GENERAL INFORMATION – Challenges and Changes in Today’s School Nursing**

CONTACT HOURS: This conference carries a maximum of 17.75 contact hours for the 3 days.

DIRECTIONS TO SAINT ANSELM COLLEGE: Please visit our website: www.anselm.edu/cne or call (603) 641-7086.

PURCHASE ORDERS are accepted, but full payment must be received prior to the start of the conference; otherwise, a personal check/cash/credit card will be required.

GROUP DISCOUNT: If five or more people from the same agency register at the same time for the same conference, you may deduct 10%. Mailed registrations must arrive in the same envelope. Faxed registrations must arrive together. Not combinable with Early Registration Discount.

EARLY REGISTRATION DISCOUNT: In order to receive Early Registration Discount, payment in the form of a check, Visa, or MasterCard must accompany registration from and be in our office by June 14, 2019. All payments must be received by the start of the conference or a personal check/cash/credit card will be necessary to attend. Not combinable with Group Discount.

CONFIRMATIONS: Your confirmation will be emailed to you. Early registration is advised.

CONFERENCE HANDBOUTS: A link will be emailed to all participants prior to the start of the conference.

CANCELLATION/REFUND POLICY: Registrants who are not able to attend or send a substitute can obtain a refund of registration fees, minus a $60 processing fee. A written request must be received by July 15, 2019. REFUNDS WILL NOT BE ISSUED AFTER THIS DATE—NO EXCEPTIONS.

TAPING is not allowed.

DINING: Lunch is included in the conference fee.

Saint Anselm College is an approved provider of continuing nursing education by the Northeast Multistate Division, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

**CONFERENCE REGISTRATION FORM**

**MAIL:** Saint Anselm College, Continuing Ed #1745 100 Saint Anselm Drive Manchester, NH 03102-1310

**PHONE:** 603-641-7086 credit card required

**FAX:** 603-641-7089 credit card required

**ONLINE:** www.anselm.edu/cne credit card required

**REGISTRATION FEES**

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| 3-DAY | $285 | $319 |

**Note:** Conference fee includes continental breakfast, lunch, and breaks.

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