



HEALTH SERVICES

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SAINT ANSELM COLLEGE HEALTH SERVICES *PHILOSOPHY AND MISSION STATEMENT*

In support of the educational mission of Saint Anselm College, the philosophy of College Health Services is based on a holistic view of the individual person. The goal of the College Health Service is to maximize the potential of each individual student physically, emotionally, spiritually, intellectually, occupationally, and socially.

Following the philosophy of holistic health, we strive to encourage each student to accept the responsibility of active participation in attaining/maintaining his/her health.

Utilizing the three dimensions of College Health – Medical, Counseling, and Education – our mission is to assist the student through lifestyle assessment, health care, counseling, and health teaching to make responsible life choices which impact future health and well-being and lead to an integrative balance of all aspects of the self.

Because our approach is multidisciplinary, when an issue has both medical and counseling components, our staff members confer with one another to better coordinate student care.

Information shared in a counseling or clinic session is privileged (confidential), is **not** part of the student's academic record, and will not be disclosed to any party outside of the Health Service without your prior **written consent**. Only professional staff and administrative assistant have access to records.

Should a client wish information forwarded to other parties, we will provide verbal or written reports to a professional that is designated, once we have obtained **written permission** to do so. Confidentiality will be broken **only** if such disclosure is (a) necessary to protect a client or someone else from imminent physical danger; (b) in cases of apparent child or elder abuse; or (c) in those rare instances when records are legally court ordered. Such exceptions to a client's right of privilege are mandated by New Hampshire State law. In these cases, certain college officials will also be notified and the client will be apprised of this notification.

Counseling Health Service Information Guide

1. Counseling is free of charge within the Health Service Department. The Counseling service requires that a 24 hour notice be given if the client is unable to keep a scheduled appointment. Failure to notify the counseling service of the need to cancel or reschedule an appointment may result in the client being assessed a charge of \$50.00. Should this fee go unpaid, it would be added to the client's Health Service bill as a miscellaneous medical expense.
2. Counseling services are available Monday through Friday on a regular schedule. In the case of an emergency please contact your Resident Assistant or Resident Director and if necessary, go to the nearest emergency room. Catholic Medical Center is located at 100 McGregor Street Manchester, N.H.

Your signature on the Admission Health Report Form represents your understanding and agreement with the above.